



**SOUTHWEST CLUSTER YMCA SWIM LEAGUE
AGE GROUP SHORT COURSE "A" CHAMPIONSHIPS**

March 4,5,6, 2005

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1. LOCATIONS AND TIMES

M. E. Lyons
8108 Clough Pike
Cincinnati, Ohio 45230
(513) 474-1400

Springfield YMCA
300 S. Limestone St.
Springfield, OH 45502
(937) 323-3781

Countryside YMCA
1699 Deerfield Rd
Lebanon, OH 45036
513-932-1424

Blue Ash
Clermont County
Gamble Nippert
M E Lyons
Powel Crosley Jr.
Tri City
Southeast Indiana

Auglaize Mercer
Beavercreek
Darke County
Miami County
Sidney Shelby
South Community
Springfield
Union

Clinton County
Coffman
Countryside
Fairfield
Hamilton West
Hiliker
Highland
Klept
Middletown
Lakota Family

FRIDAY EVENING:	Warm-Up:	6:00 PM
	Meet:	7:00 PM

SATURDAY AND SUNDAY AM SESSIONS: 11 & 12, 13 & 14, 15 & Over, and Senior
(Morning Sessions: Open Warm-up)

Warm-ups: 6:30 AM
Meet Starts: 8:00 AM

SATURDAY AND SUNDAY PM SESSIONS: 8 & Under, and 9 & 10
(Afternoon Sessions: Assigned Warm-up)

Warm-ups: No earlier than 1:00 PM
Meet Starts: No earlier than 2:00 PM

NOTE: REVIEW GUIDELINES FOR WARM-UP PROCEDURES AND LOCKER ROOM/BUILDING BEHAVIOR WITH YOUR SWIMMERS!!

- **NO SHAVING WILL BE PERMITTED AT THE MEET SITE**
Willful disregard of this rule will result in ejection of the offender from the meet.
- **SNACKS ARE NOT PERMITTED IN THE TEAM AREA.**
- **THERE IS NO FOOD OR BEVERAGE ALLOWED IN NATATORIUM**
- **A CONCESSION AREA IS AVAILABLE**
- **NO COOLERS ARE TO BE CARRIED INTO THE BUILDING.**
- **NO DECK CHANGING. THE PENALTY WILL BE EJECTION FROM THE MEET!**

2. ORDER OF EVENTS

All events are timed finals.
The attached Order of Events will be followed.

3. ELIGIBILITY

A swimmer must be a member of the YMCA they represent for a minimum of 90 days prior to the Championship i.e., since December 1, 2004.

During the current Short Course season (September 1, 2004 through April 5, 2005), a swimmer may not swim in open competition representing any team other than the YMCA they are representing in this Championship.

A swimmer must have competed in three (3) Southwest Cluster YMCA Swim League inter-association meets in the current Short Course season (prior to the entry deadline) to be eligible to swim in this Championship Meet.

Swimmers and teams must meet all requirements outlined in the Southwest Cluster YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995.

Coaches must have their Deck Passes visibly displayed to be on deck during this Championship Meet.

4. SANCTIONS

The "A" Championship Meet is sanctioned by the National YMCA Competitive Swimming and Diving Advisory Committee. Sanction number: Springfield; CAQ-04-05-6053 M. E. Lyons: CAQ-04-05-6051 Countryside: CAQ-04-05-6052

5. VERIFICATION OF PARTICIPATION AND PROOF OF TIMES

Additionally, a random sample of up to 10% of swimmers from each team will be selected for verification of participation in at least 3 (three) inter-association meets and/or proof of entry times.

Only signed copies of hand written Final Results/Score sheets are acceptable for this verification/proof.

Computer generated results from Hy-Tek or EasyMeet do not have to be signed. Submit your proof of time file along with your entries to simply proof of time.

If these verification/proof requirements cannot be met for one or more of the sampled swimmer(s), those individuals will be scratched from that event and their entry fee NOT returned. Additionally, another event will be selected for that swimmer. Furthermore, such a failure may also result in additional swimmers beyond the original sample from that team being identified for verification of participation.

If this verification requirement cannot be met for one or more of the sampled swimmer(s), those individuals will be scratched from the meet and their entry fees NOT returned. Furthermore, such a failure may also result in additional swimmers beyond the original sample from that team being identified for verification of participation.

Appointed representatives of the league will be available at the Natatorium on Friday night beginning at 5:00 PM to perform this task for those who have submitted their proof of time file. Teams with no Friday swimmers can perform this task on Saturday morning beginning at 6:30 AM. In all cases, however, swimmers from a given team will not be allowed to compete until that team's verification of participation has been satisfactorily completed.

Any coach may challenge the participation of any swimmer by filing protest with the Meet Committee and posting a \$5.00 fee. This protest must be filed prior to the beginning of the day's competition. The fee will be returned only if the protest is won.

6. ENTRIES

All times must have been achieved after September 1, 2004 except for times achieved in sanctioned YMCA championship meets since March 5, 2004.

All entries must be submitted via e-mail or disk from Hy-tek Team Manager or Easy Team. If submitted by e-mail be sure to make the e-mail subject your team code plus "A Entries". Entry fees are to be mailed to the entry chairperson and should be received before the completion of the meet.

NOTE: Be sure to include all swimmers' names that will be swimming in relays only. Relay swimmers that must be added at the meet will result in an additional \$5.00 charge.

To enter Senior events, a swimmer must be at least 12 years of age as of the first day of the YMCA Short Course Nationals, i.e., April 5, 2005.

A swimmer must swim in his/her age group for individual events. A swimmer may swim up in any age group(s) for relays.

To enter a given event, a swimmer must NOT have achieved a "AA" qualifying time during the current Short Course season for that event (before the entry deadline).

Swimmers, 8 & under, who have achieved four (4) or more "AA" qualifying times during the current Short Course season may NOT be entered in the "A" Championship Meet in individual events.

Swimmers, 9 & over, who have achieved six (6) or more "AA" qualifying times during the current Short Course season may NOT be entered in the "A" Championship Meet in individual events.

Each swimmer, 8 and under is allowed to enter no more than four (4) Age Group individual events over the three day period.

Each swimmer, 9 and over can enter up to six (6) individual events over the three day period.

A swimmer can swim a maximum of one (1) Age Group medley relay and one (1) Age Group freestyle relay. Participation in Senior Relays is unlimited provided the swimmer is age 12 the first day of Short Course Nationals.

Team entries for Age Group relay events are unlimited. However, only the A, B, and C relays per team per event can score and qualify for awards. D, E, etc. relays will not be scored or awarded under ANY circumstances, including disqualification of the team's A, B, or C relays.

WE WILL NOT ACCEPT NT ENTRIES FOR INDIVIDUAL EVENTS.

Deck entries:

Deck entries will not be accepted at any SWCSL championship meet.

Exceptions are as follows:

Exception 1: A swimmer, who is not entered or incorrectly entered by the fault of the meet entry chairperson, may be properly placed in the appropriate events.

Exception 2a: A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to **24 hours before the beginning of the meet**, provided he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge to the meet host. The coach is the only one who may make these changes.

Exception 2b: Coaches may add an event to a swimmer already entered in the meet (**same 24 hour notice required**) provided it is not over the entry limit and he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge. They may not exchange events.

7. ENTRY DEADLINE

Entries must be submitted by e-mail or mailed entry disk for Hy-Tek Team Manager or Easyteam:

All entries submitted must be received by the Entry Chairperson by 4:00 PM on Monday, February 28, 2004.

E-Mail or mail a disk of your entries to the appropriate entry chairperson. If submitted by e-mail be sure to make the e-mail subject your team code plus "A Entries". Entry checks should also be mailed to the same person.

North Area

Jim Rigney
Beavercreek YMCA
1702 Countryside Dr.
Beavercreek, OH 45432
937-657-3815
rigneyja@att.net

Central Area

Claudia Multer
Hamilton West YMCA
1075 Oakmont Avenue
Hamilton, OH 45013
513-863-6298
claudiam@one.net

South Area

Rick Henkel
Powel Crosley YMCA
468 Flemridge Ct.
Cincinnati, OH 45231
513-931-4680
rhenkel@cinci.rr.com

If fees are not received by the first day of the meet the coach will be required to write a personal check to cover the fees. The check will be held until the YMCA check is received.

8. MEET RULES

Except for those stated in this document and outlined in the Southwest Cluster YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995, the current NCAA Swimming and Diving Rules will govern this meet.

Positive check-in is required for all swimmers entered in the 400 IM, 500 freestyle and the 1000 freestyle. This must be done no later than 30 minutes before the start of the session in which they are swum. This check-in can be performed at the check-in table.

All age group events will be pre-seeded to ensure a minimum of three (3) swimmers in all heats. However, an entire event will NOT be re-seeded to maintain this minimum should there be scratches and/or no-shows. Combining of heats where the opportunity arises may be performed at the discretion of the Meet Committee and/or deck referees.

Swimmers entering the warm-up/warm-down pool must enter **FEET FIRST WITH ONE HAND IN CONTACT WITH THE POOL WALL/DECK at the STARTING BLOCK END ONLY.**

9. SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for first through sixteenth place respectively.

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 for first through sixteenth place respectively.

Remember: Only the A, B, and C relays per team per event can score. D, E, etc. will not be scored under ANY circumstances, including Disqualification of the team's A, B, or C relays.

ONLY TIMES SLOWER THAN THE "AA" CUTOFF ARE ELIGIBLE FOR POINTS!!!

10. AWARDS

Individual Events:

Medals	1st through 8th place
Ribbons	9th through 16th place

Relay Events:

Medals	1st through 4th place
Double Ribbons	5th through 8th place
Ribbons	9th through 16th place

ONLY TIMES SLOWER THAN THE "AA" CUTOFF WILL RECEIVE THE ABOVE AWARDS!!!

"AA" Time Standard Ribbons: In lieu of the regular awards, these special ribbons will be awarded to those swimmers achieving "AA" qualifying times.

Heat Ribbons: Heat ribbons will be awarded to all heat winners in the 8 & under and 9-10 age groups.

Team:

Banner	1 st place
Plaque	2 nd and 3 rd place

11. ENTRY FEES

Individual Events: \$4.00 per event. **Relay Events:** \$16.00

12. REQUIRED YMCA WORK ASSIGNMENTS

The number of swimmers entered by each team determines the required YMCA work assignments. (We are using last year's numbers to expedite the official's list.) All YMCAs must provide the assigned officials/workers as designated by the Meet Committee. Failure to provide all of the assigned officials/workers for any session of this meet will disallow that team's swimmers from further participation in the meet. Should this situation occur, no entry fees will be returned.

A member of the Meet Committee will prepare the officials/workers assignment approximately 60 days in advance of the Championship. The assignments will be posted on the web and each team is responsible for checking their assignments. Except for Warm-up Monitors, all meet workers must check in at the official's room when arriving at the meet and at least 45 minutes ahead of the meet start time for each session. Warm-up Monitors must check in at least 10 minutes ahead of the warm-up start time for each session.

All meet officials (referee, starter, stroke and turn judges, timers, etc.) must be dressed in white uniforms and have their certification patch clearly visible.

Substitutes/alternates for the various officials/workers positions are allowed, provided that the position's instructions are reviewed with the person and that the Deck Referee is notified of the change.

13. MEET COMMITTEE

By League rules, all meets shall have a committee designated before the beginning of the meet. The meet committee shall consist of

SWCSL officers in attendance
 Meet Director
 Meet Referee
 One Coach
 One swimmer entered in the meet

The committee may become involved in protests and disputes concerning technical matters, matters of eligibility, and other appropriate subjects, but in no case may the meet committee become involved in protests concerning judgment decisions by deck officials.

North Area Meet Director

Don Homan
 3101 Regent St.
 Dayton, Ohio 45409
 937-293-2291

Central Meet Director

Anne Albert
 8226 Keeneland Ct.
 Maineville, OH 45040
 513-697-0814

South Area Meet Director

John Harnden
 2403 Brickhouse Lane
 Fairfield, OH 45014
 513-583-3563

North Scoring Referee

Jim Rigney

Central Scoring Referee

Claudia Multer

South Scoring Referee

Rick Henkel

14. DEVOTIONS

Devotions have been assigned by the following schedule. Please be sure that your team is prepared with their assignment for their session.

Assignments for:		AM	PM	FINALS
North "A"	Friday		BVCY	
	Saturday	AMFY	SPY	
	Sunday	KEY	SID	
South "A"	Friday		BASH	
	Saturday	GNY	PCY	
	Sunday	TCY	ABLY	
Central "A"	Friday	CLIN	CY	
	Saturday	CFY	HWY	
	Sunday	MIDD	FFY	
"AA"	Friday		CY	
	Saturday	BASH	BVCY	MCY
	Sunday	GNY	CFY	ABLY

MAKE CHECK PAYABLE TO THE "SOUTHWEST CLUSTER YMCA SWIM LEAGUE"

Send Entries and check to:

North Area

Jim Rigney
 Beaver Creek YMCA
 1702 Countryside Dr.
 Beaver Creek, OH 45432
 937-657-3815
rigneyja@att.net

Central Area

Claudia Multer
 Hamilton West YMCA
 1075 Oakmont Avenue
 Hamilton, OH 45013
 513-863-6298
claudiam@one.net

South Area

Rick Henkel
 Powel Crosley YMCA
 468 Flemridge Ct.
 Cincinnati, OH 45231
 513-931-4680
rhenkel@cinci.rr.com

**2005 Order of Events
A & AA Southwest Ohio YMCA Championships**

Friday PM		Reminders	
1**	Senior 800 Free Relay**	2**	**We do not swim senior relays at the A Meet
3	Senior 400 IM	4	
5	11-12 500 Freestyle	6	
7	13-14 500 Freestyle	8	
9	15 & over 500 Freestyle	10	
Saturday AM		Saturday PM	
11**	Senior 400 Medley Relay**	12**	49 9-10 200 Free 50
13	11-12 100 IM	14	51 8 & Under 100 Free 52
15	15 & Over 50 Free	16	53 9-10 50 Backstroke 54
17	13-14 50 Free	18	55 8 & Under 25 Backstroke 56
19	11-12 50 Free	20	57 9-10 50 Butterfly 58
21	Senior 200 Butterfly	22	59 8 & Under 25 Butterfly 60
23	11-12 100 Butterfly	24	61 9-10 50 Free 62
25	15& Over 100 Backstroke	26	63 8 & Under 100 Free Relay 64
27	13-14 100 Backstroke	28	65 9-10 200 Free Relay 66
29	11-12 50 Backstroke	30	
31	15& Over 200 Free	32	
33	13-14 200 Free	34	
35	11-12 200 Free	36	
37	15 & Over 400 Free Relay	38	
39	13-14 200 Free Relay	40	
41	11-12 200 Free Relay	42	
43	Senior 200 Breaststroke	44	
45	11-12 100 Breaststroke	46	
47*	1000 Free *	48*	* This event is swum on Sunday at the A meet
Sunday AM		Sunday PM	
67**	Senior 200 Free Relay**	68**	105 8 & Under 100 IM 106
69	11-12 100 Backstroke	70	107 9-10 100 IM 108
71	Senior 200 Backstroke	72	109 8 & Under 25 Free 110
73	11-12 50 Butterfly	74	111 9-10 100 Free 112
75	13-14 100 Butterfly	76	113 8 & Under 25 Breaststroke 114
77	15 & Over 100 Butterfly	78	115 9-10 50 Breaststroke 116
79	11-12 100 Free	80	117 8 & Under 50 Free 118
81	13-14 100 Free	82	119 9-10 200 Medley Relay 120
83	15 & Over 100 Free	84	121 8 & Under 100 Medley Relay 122
85	11-12 200 IM	86	
87	13-14 200 IM	88	
89	15 & Over 200 IM	90	
91	11-12 50 Breaststroke	92	
93	13-14 100 Breaststroke	94	
95	15 & Over 100 Breaststroke	96	
97	11-12 200 Medley Relay	98	
99	13-14 200 Medley Relay	100	
101	15 & Over 200 Medley Relay	102	
103#	Senior 1650 Free#	104#	# No 1650 at the A Meet