



**SOUTHWEST OHIO YMCA SWIM LEAGUE
AGE GROUP SHORT COURSE "AA" CHAMPIONSHIPS**

March 9, 10, 11, 2007



1. LOCATION AND TIMES

Corwin Nixon Natatorium
Recreation Sports Center
Miami University
Oxford, 45056
513-529-1844

FRIDAY PM SESSION: (Evening Session: Open Warm-Up) (1 pool for relays & 400 I.M., 2 pools for the 500 free)	11& Over Warm-up: 4:30PM Meet Starts: 5:30PM
--	--

SATURDAY & SUNDAY AM SESSIONS: (Morning Sessions: Open Warm-Up) (Men's pool, women's pool)	11 & Over Warm-up: 6:30AM Meet Starts: 8:00AM
--	---

SATURDAY & SUNDAY PM SESSIONS: (Afternoon Sessions: Assigned Warm-Up)	8&Under, 9&10 Warm-up: not before 12:00 PM Meet Starts: 1:00 PM
--	---

SATURDAY/SUNDAY FINALS: (Finals: Open Warm-Up)	9&10, 11&12, 13&14, 15&Over, and Senior Warm-up: 5:00 PM Meet Starts: 5:30 PM
---	---

(The fastest heat of the 1000 (on Saturday), and 1650 (on Sunday) will swim at 5:30 PM.)

**COACHES: REVIEW WARM-UP GUIDELINES WITH YOUR SWIMMERS!!
REVIEW LOCKER ROOM BEHAVIOR AND BUILDING RULES!**

- **THERE IS NO SHAVING ALLOWED AT THIS MEET.**
Willful disregard of this rule will result in ejection of the offender from the meet.
- **THERE IS NO FOOD OR BEVERAGE ALLOWED IN NATATORIUM.**
- **NO COOLERS ARE ALLOWED IN NATATORIUM.**
- **A CONCESSION AREA IS AVAILABLE.**
- **PARKING IS AVAILABLE**
- **ONLY SWIMMERS, COACHES WITH DECK PASSES, WORKING OFFICIALS, AND AGE GROUP PARENTS FOR THE 8 & UNDER AGE GROUP WILL BE ALLOWED ON THE POOL DECK.**
- **NO DECK CHANGING. ANYONE CAUGHT DECK CHANGING WILL BE EJECTED FROM THE MEET.**

2. ORDER OF EVENTS

All "AA" Championship events are prelims and finals EXCEPT for the following timed final events:

- All Friday evening events
- All relay events
- All 8 & Under events
- Senior 1000 Freestyle and 1650 Freestyle events

The attached Order of Events will be followed.

3. ELIGIBILITY

A swimmer must be a member of the YMCA they represent for a minimum of 90 days prior to the Championship; i.e., since on or before December 1, 2006.

During the current Short Course season (September 1, 2006 through April 5, 2007), a swimmer may not swim in open competition representing any team other than the YMCA they are representing in this Championship.

A swimmer must have competed in three (3) Southwest Ohio YMCA Swim League inter-association meets in the current Short Course season before the entry deadline to be eligible to swim in this Championship Meet.

Swimmers and teams must meet all requirements outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995.

ADAPTIVE SWIMMING	Swimmers with a disability are welcome to enter this meet. At the time of the entry, the coach or person entering the swimmer must alert the Meet Director, the Adapted Chair and the Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification (if classified) and special accommodations or seeding arrangements being requested.
--------------------------	---

Coaches must have their Deck Passes visibly displayed in order to be on deck during this Championship Meet. Passes must be obtained from Toby Boedeker prior to this meet. A coach must present Lifeguarding or Safety Training for Swim coaches, CPR, First Aid and Principles of Coaching to receive a deck pass.

4. SANCTIONS

The "AA" Championship Meet is sanctioned by the National YMCA Competitive Swimming and Diving Advisory Committee.

Sanction Number: CAQ-06-07 8107

5. VERIFICATION OF PARTICIPATION AND PROOF OF TIMES

Every 1000 Freestyle and 1650 Freestyle entry time must be proved. A 1000 Freestyle qualification will be accepted as a qualification for the 1650 Freestyle.

Proof of time and proof of participation in 3 interassociation meets is required. This proof must be submitted along with the entries. Proof is obtained by using your team manager and printing the file showing your swimmers best times. This file can be saved and sent via email to the entry chairperson. This will prove 3 meets. Then export the proof of time file from team manager and your proof will be done. If you do not submit the required files you will be asked to bring meet results to the meet to prove times and proof of participation in 3 meets. Any swimmer who does not meet the qualifying time may be required to prove his entry time. Any coach may challenge the participation or time of any swimmer by filing a protest with the Meet Committee and posting a \$5.00 fee. This

protest must be filed prior to the beginning of each session's events. The fee will be returned only if the protest is won.

6. ENTRIES

To enter a given event, a swimmer must have achieved a "AA" qualifying time during the current Short Course season for that event (before the entry deadline), except for times achieved in sanctioned YMCA championship meets since March 10, 2006.

All entries must be submitted via e-mail or disk from Hy-Tek Team Manager or Easy Team. Entry fees are to be mailed to the entry chairperson and should be received before the completion of the meet.

NOTE: Be sure to include all swimmers' names that will be swimming in relays only. A charge of \$5.00 per swimmer will be applied for any relay only swimmer that must be added at the meet.

To enter Senior events, a swimmer must be at least 12 years of age as of the first day of the YMCA Short Course Nationals, i.e., April 2, 2007.

A swimmer must swim in his/her age group for individual events. A swimmer may swim up in any age group(s) for relays.

Each swimmer, 8 and under is allowed to enter no more than four (4) Age Group individual events over the three day period.

Each swimmer, 9 and over can enter up to six (6) individual events over the three day period.

A swimmer can swim a maximum of one (1) Age Group medley relay and one (1) Age Group freestyle relay. Participation in Senior Relays is unlimited provided the swimmer is age 12 the first day of Short Course Nationals.

Team entries for Age Group relay events are unlimited. However, only the A, B, and C relays per team per event can score and qualify for awards. D, E, etc. relays will not be scored or awarded under ANY circumstances, including disqualification of the team's A, B, or C relays.

Deck entries will not be accepted at any Southwest Ohio YMCA Swim League meet.

Exceptions are as follows

Exception 1. A swimmer, who is not entered or incorrectly entered by the fault of the meet entry chairperson, may be properly placed in the appropriate events.

Exception 2a. A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to **24 hours before the beginning of the meet**, provided he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge to the meet host. The coach is the only one who may make these changes.

Exception 2b. Coaches may add an event to a swimmer already entered in the meet (**same 24 hour notice required**) provided it is not over the entry limit and he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge. They may not exchange events.

7. ENTRY DEADLINE

Entries must be submitted by e-mail or mailed entry disk for Hy-Tek Team Manager or EasyTeam: If submitted by e-mail be sure to make the e-mail subject your team code plus "AA Entries".

Disk (email) entries will be accepted until Monday, March 5, 2007 – 7:00 PM

The Entry Chairperson is:

Claudia Multer
1075 Oakmont Avenue
Hamilton, OH 45013
Home telephone: (513) 863-6298
E-mail: claudiam@one.net

If fees or a copy of the check request are not received by the first day of the meet the coach will be required to write a personal check to cover the fees. The check will be held until the YMCA check is received.

8. MEET RULES

Except for those stated in this document and outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets" issued September 1995 current USA Swimming Rules will govern this meet.

Positive check-in for swimmers entered in the 1000 freestyle and 1650 freestyle event is required. The deadline for this check-in is 9:30 AM on the respective day. The check-in can be performed at the announcer's table.

All preliminary and timed final events will be pre-seeded to ensure a minimum of three (3) swimmers in all heats. However, an entire event will NOT be re-seeded to maintain this minimum should there be scratches and/or no-shows. Combining of heats where the opportunity arises may be performed at the discretion of the Meet Committee and/or deck referees.

The following SCRATCH RULE will be strictly enforced for all events with finals: (new 2007)

Those swimmers in the top 24 places of the initial posting of an event's preliminary results MUST scratch if they do not plan to return for finals. Scratches MUST utilize a Scratch Form obtained from the scratch table and signed by the swimmer's coach. To be accepted, these Scratch Forms MUST be turned in at the scratch table within 30 minutes of the announcement of that event's results. After 30 minutes, the results are official.

If a swimmer does not scratch and fails to show up for Consolation and/or Championship Finals, he/she will:

- a. Miss his/her next event**
- b. If the last event is missed in finals a \$25.00 fine will be imposed on the team.**

Finals events will be seeded based on the OFFICIAL preliminary results. AFTER the results are official, any scratches made known to the Meet Committee will result in the entire event being re-seeded if and only if there is sufficient time to do so prior to the event's being swum. If there is not sufficient time and if the scratch or no-show is in the consolation heat, the alternate swimmer will simply swim in the lane originally assigned to the scratched or no-show swimmer. If there is not sufficient time and if the scratch or no-show is in the championship heat, no alternate will swim and the lane will remain empty. Once the consolation heat has swum, there will be no alternate in the championship heat.

Swimmers entering the warm-up/warm-down pool must enter **FEET FIRST WITH ONE HAND IN CONTACT WITH THE POOL DECK/WALL.**

Willful disregard of this rule will result in ejection of the offender from the meet.

9. SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Remember: Only the A, B, and C relays per team per event can score. D, E, etc. relays will not be scored under ANY circumstances, including disqualification of the team's A, B, or C relays.

10. AWARDS

Individual Events:

Medals: 1st through 8th place

Ribbons: 9th through 16th place

Relay Events:

Medals: 1st through 8th place

Ribbons: 9th through 16th place

High Point Plaques: Age group team high point plaques for both girls and boys age groups will be awarded.

Heat Ribbons: Heat ribbons will be awarded to all heat winners in the 8 & Under and 9 & 10 Age Groups.

Banner: A First, Second, and Third Place "AA" Championship Banner will be awarded.

COACHES OF 15 & OVER SWIMMERS MUST INDICATE IF THEY WISH TO RECEIVE THEIR AWARD OR IF THEY WISH TO MAKE A DONATION TO THEIR NATIONAL TEAM. THIS SHOULD BE DECLARED WITH THE AWARDS PEOPLE AT THE MEET.

11. ENTRY FEES

Individual Events: \$4.00 per event

Relay Events: \$16.00 per relay

Surcharge: \$1.00 per swimmer

12. REQUIRED YMCA WORK ASSIGNMENTS

A member of the Meet Committee will prepare the officials/workers assignment list approximately 60 days in advance of the Championship. The assignments will be posted on the web.

The required YMCA work assignments are determined by the number of swimmers entered by each team. Workers are assigned by numbers from participation in last years championship meets. If you expect significant changes, please contact Tom Janszen. All YMCAs must provide the assigned workers as designated by the Meet Committee. Failure to provide all of the assigned officials/workers for any session of this meet will disallow that team's swimmers from further participation in the meet. **IT IS THE DUTY OF THE ASSIGNED TEAM TO CONTACT OTHER TEAMS FOR HELP IN FULFILLING ASSIGNMENTS.** It is not the duty of the meet director. Substitutes/alternates for the various officials/workers positions are allowed, provided that the position's instructions are reviewed with the person and that the Deck Referee is notified of the change.

All meet officials (referee, starter, stroke and turn judges, timers, etc.) must be dressed in white uniforms and have their certification patch clearly visible. Officials working as referee, starter, stroke or turn judge must have attended the update clinic and display the new officials patch to work championships.

Each team is to bring a warm-up monitor for their assigned warm-up. The monitor is to report to the

meet director and obtain the orange vest. The monitor is on duty as long as that team is in the water.

13. MEET COMMITTEE

By League rules, all meets shall have a committee designated before the beginning of the meet. The meet committee shall consist of

- Southwest Ohio YMCA Swim League officers in attendance
- Meet Director
- Meet Referee
- One Coach
- One swimmer entered in the meet

The committee may become involved in protests and disputes concerning technical matters, matters of eligibility, and other appropriate subjects; but in no case may the meet committee become involved in protests concerning judgment decisions by deck officials.

14. DEVOTIONS

Devotions have been assigned by the following schedule. Please be sure that your team is prepared with their assignment for their session.

Assignments for:		AM	PM	FINALS
"AA"	Friday		CY	
	Saturday	BASH	BVCY	PCY
	Sunday	GNV	CFY	KEY

**MAKE CHECK PAYABLE TO THE "SOUTHWEST OHIO YMCA SWIM LEAGUE" AND MAIL TO
CLAUDIA MULTER
1075 OAKMONT AVENUE
HAMILTON, 45013
Phone: 513-863-6298**

Order of Events Southwest Ohio YMCA "AA" Championships

Note the order of events is the same for A and AA

Friday PM

1	Senior 800 Free Relay	2
3	Senior 400 IM	4
5	11-12 500 Freestyle	6
7	13-14 500 Freestyle	8
9	15 & over 500 Freestyle	10

Saturday AM

11	Senior 400 Medley Relay	12
13	11-12 100 IM	14
15	15 & Over 50 Free	16
17	13-14 50 Free	18
19	11-12 50 Free	20
21	Senior 200 Butterfly	22
23	11-12 100 Butterfly	24
25	15& Over 100 Backstroke	26
27	13-14 100 Backstroke	28
29	11-12 50 Backstroke	30
31	15& Over 200 Free	32
33	13-14 200 Free	34
35	11-12 200 Free	36
37	15 & Over 400 Free Relay	38
39	13-14 200 Free Relay	40
41	11-12 200 Free Relay	42
43	Senior 200 Breaststroke	44
45	11-12 100 Breaststroke	46
47	Senior 1000 Free	48

Sunday AM

67	Senior 200 Free Relay	68
69	11-12 100 Backstroke	70
71	Senior 200 Backstroke	72
73	11-12 50 Butterfly	74
75	13-14 100 Butterfly	76
77	15 & Over 100 Butterfly	78
79	11-12 100 Free	80
81	13-14 100 Free	82
83	15 & Over 100 Free	84
85	11-12 200 IM	86
87	13-14 200 IM	88
89	15 & Over 200 IM	90
91	11-12 50 Breaststroke	92
93	13-14 100 Breaststroke	94
95	15 & Over 100 Breaststroke	96
97	11-12 200 Medley Relay	98
99	13-14 200 Medley Relay	100
101	15 & Over 200 Medley Relay	102
103	Senior 1650 Free	104

Saturday PM

49	9-10 200 Free	50
51	8 & Under 100 Freestyle	52
53	9-10 50 Backstroke	54
55	8 & Under 25 Backstroke	56
57	9-10 50 Butterfly	58
59	8 & Under 25 Butterfly	60
61	9-10 50 Free	62
63	8 & Under 100 Free Relay	64
65	9-10 200 Free Relay	66

Sunday PM

105	8 & Under 100 IM	106
107	9-10 100 IM	108
109	8 & Under 25 Free	110
111	9-10 100 Free	112
113	8 & Under 25 Breaststroke	114
115	9-10 50 Breaststroke	116
117	8 & Under 50 Freestyle	118
119	9-10 200 Medley Relay	120
121	8 & Under 100 Medley Relay	122
125	Senior 400 free**	126

** event for relay only swimmers

**Order of Events for Finals
AA Meet only**

Saturday Finals		Sunday Finals	
	1000 Begins 5:30 PM		1650 Begins 5:00 PM
47	Senior 1000 Free	48	103 Senior 1650 Free
13	11-12 100 IM	14	69 11-12 100 Backstroke
49	9-10 200 Free	50	71 Senior 200 Backstroke
15	15 & Over 50 Free	16	115 9-10 50 Breaststroke
17	13-14 50 Free	18	73 11-12 50 Butterfly
19	11-12 50 Free	20	75 13-14 100 Butterfly
61	9-10 50 Free	62	77 15 & Over 100 Butterfly
43	Senior 200 Breaststroke	44	111 9-10 100 Free
45	11-12 100 Breaststroke	46	79 11-12 100 Free
57	9-10 50 Butterfly	58	81 13-14 100 Free
25	15 & Over 100 Backstroke	26	83 15 & Over 100 Free
27	13-14 100 Backstroke	28	107 9-10 100 IM
29	11-12 50 Backstroke	30	85 11-12 200 IM
53	9-10 50 Backstroke	54	87 13-14 200 IM
31	15 & Over 200 Free	32	89 15 & Over 200 IM
33	13-14 200 Free	34	91 11-12 50 Breaststroke
35	11-12 200 Free	36	93 13-14 100 Breaststroke
21	Senior 200 Butterfly	22	95 15 & Over 100 Breaststroke
23	11-12 100 Butterfly	24	