Time Trials

We will run time trials on Sunday morning (time permitting)

The purpose of time trials is exclusively for those who are close to a YMCA National Long Course qualifying time. The entry time must be within .5 seconds per 50 of the National Qualifying time. We will swim 50's, 100's, 200's and 400's. We will not swim the 800 free or the 1000 free.

Entry fee is $10 per event.

Events -- all events are mixed events

401 50 free

402 50 Back

403 50 breast

404 50 fly

405 100 free

406 100 back

407 100 breast

408 100 fly

409 200 free

410 200 back

411 200 breast

412 200 fly

413 400 free

414 400 IM