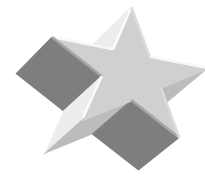




Sidney Shelby County YMCA 34th. Annual Aqua Pentathlon Saturday, November 14, 2009



Place	Sidney Shelby County YMCA 300 East Parkwood Boulevard Sidney, OH. 45365
Time	6:30 am. YMCA Opens 7:00 am. Warm-Ups 8:00 am. Meet Starts 4:00 pm. Approximate finish with 300 entries The Sidney YMCA pool is 25 yards, six (6) lanes divided by Kiefer, non turbulent lane markers, Colorado Electronic timing equipment, horn start, touch pads and back up pads and back up push buttons. Spectator seating is available in the lobby, pool areas and Y-Knot Center.
Awards	Olympic style medals to top three (3) overall, in each age group. First, second and third place individual medal in each event with dual ribbons for fourth, fifth and sixth places. Places 7 through 12 will be awarded with single Pentathlon ribbons. Heat ribbons for all twelve and under swimmers.
Awards Ceremony	An award ceremony will follow the meet approximately 15 minutes upon conclusion of the last event. The top three places overall, for each age group, will be honored in this ceremony. <u>Please tell your team about this event.</u>
Entry Rules	Each swimmer will enter all five (5) events. A swimmer may scratch an event and take zero (0) score for that event in the overall tabulation. All events will be timed finals. Enter time in yards. Entries can be submitted on Hy-Tek format via 3-½ disks through the mail or via email. Email address and mailing addresses are listed below. Email proves to be faster, so we prefer this option. You can download the Meet Event file that will setup Team Manager for the Pentathlon, at the League website. Download the file, and then start Team Manager or TM2. Click Import, from the File Menu, and then Meet Events. There is no limit to the number of swimmers a team may enter. We reserve the right to limit entries to the first 300 swimmers. Any past number will be returned; However no team will be split.
Entry Deadline	Entries must be received on or before October 31, 2009.
Scoring	Scoring by event is 7-5-4-3-2-1
Entry Fees	Entry fee is \$17.50 per swimmer. Checks are to be received prior to competition and made payable to: Sidney, Shelby Co. YMCA. Send checks to the Entry Chairperson listed below.

**Meet Manager
Send Entries to:**

Chad McClain
2170 Westminster Dr.
Sidney, OH. 45365
(937) 658-0320
chad.mcclain@hotmail.com

Rules

Age on December 1, 2009, will determine a swimmer's eligibility for the age group divisions. The official 2005 NCAA Rules will govern the meet.

Clerk of Course

It is the coach's responsibility to scratch swimmers prior to the start of the meet. Clerk of Course will be located in the gymnasium for swimmers 10 & Under. Swimmers are asked to stay in the gymnasium between events. **Each team is asked to provide parental supervision for their swimmers.**

Admission

Heat sheets will be available for the entire meet. Two complimentary heat sheets will be given to the coaches of each club represented. Visiting deck officials will be given a complimentary heat sheet.

Results

Results in Hy-Tek format will be available after the meet via email.

Foods

Food will be for sale by our Fund-Raising Advisory Committee. Food is not allowed in pool, locker rooms, gymnasium, or courts. Food may be consumed in the lobby and lounge areas only. **Absolutely no Jell-O, whether powdered or prepared, or any similar food will be allowed in the YMCA**

Order of Events

	Girls		Boys
1	8 & Under	100 Individual Medley	2
3	9 – 10	100 Individual Medley	4
5	11 – 12	100 Individual Medley	6
7	13 – 14	200 Individual Medley	8
9	15 – 18	200 Individual Medley	10
11	8 & Under	25 Freestyle	12
13	9 – 10	50 Freestyle	14
15	11 – 12	50 Freestyle	16
17	13 – 14	100 Freestyle	18
19	15 – 18	100 Freestyle	20
21	8 & Under	25 Butterfly	22
23	9 – 10	50 Butterfly	24
25	11 – 12	50 Butterfly	26
27	13 – 14	100 Butterfly	28
29	15 – 18	100 Butterfly	30
31	8 & Under	25 Backstroke	32
33	9 – 10	50 Backstroke	34
35	11 – 12	50 Backstroke	36
37	13 – 14	100 Backstroke	38
39	15 – 18	100 Backstroke	40
41	8 & Under	25 Breaststroke	42
43	9 – 10	50 Breaststroke	44
45	11 – 12	50 Breaststroke	46
47	13 – 14	100 Breaststroke	48
49	15 – 18	100 Breaststroke	50